

North Eastern Metropolitan Junior Football Association

Modifications to Rules U/9's – U/13's (inclusive) U/9's & U/10's

NORMAL RULES apply except for the modifications listed below,

U/9's oval size approx ½ standard size.

U/10's oval size approx ¾ standard size

* only one bounce of the ball before it must be disposed of legally by hand or by foot

* full possession rule applies eg at rucks, ball-ups and boundary throw ins
(ie can't take the ball on the full in ruck, can't handball or kick to themselves)

* a player is not permitted to **deliberately** kick the ball off the ground

A FREE KICK WILL BE AWARDED FOR BREACHES OF THE ABOVE

No Boundary Umpires in U/9's Or U/10's Out of Bounds

- A. Where the ball goes out of bounds from a kick, a free kick will be awarded to the opposition.
- B. If there is a doubt as to which team kicked the ball out of bounds, the umpire shall call for a ball-up 5 metres inside the boundary.
- C. When the ball goes out of bounds off hands or body, the umpire shall call for a ball-up 5 metres in from the boundary.
- D. At the ball-up 'full possession' is not permitted.

All other rules are as per the [AFL Laws of Football 2009](#)